NCH north country healthcare | Androscoggin Valley Hospital

Lunch Menu

Week of 11-2-26

Monday	Tuesday	Wednesday	Thursday	Friday
Soup *Dill Pickle* ***Entrée one*** *Stuffed Chicken w/ Cranberry Sauce* ***Vegan*** *Broccoli Power Bowl* ***Salad*** *Grilled Shrimp, Choice Dressing* ***Sandwich*** *Cubano* ***Sides*** *Mashed Potatoes, Carrot & Turnip*	***Soup*** *Lasagna Soup* ***Entrée one*** *Stuffed Peppers* ***Vegan*** *Vegan Stuffed Peppers* ***Sandwich*** *Chicken Parmesan Sub* ***Sides*** *French Fries, Dinner Roll*	***Soup*** *Dill Pickle* ***Entrée one*** *Beef Stew w/ Bread Bowl* ***Vegan*** *Mushroom Ramen* ***Salad*** *Harvest Farro Bowl w/ Grilled Chicken* ***Sandwich*** *Ham & Swiss Melt* ***Sides*** *Cauliflower w/ Cheese Sauce*	***Soup*** *Lasagna Soup* ***Entrée one*** *Adobo Chicken* ***Vegan*** *Adobo Tofu* ***Sandwich*** *Gyro* ***Sides*** *Steamed Rice, Green Beans*	***Soup*** *Chef's Choice* ***Poutine Bar*** *French Fries* *Gravy & Cheese Curds* *Bacon, Green Onion, Broccoli, Popcorn Chicken* ***Vegan*** *Veggie Burger* ***Pizza*** *Meat Lovers* ***Sides*** *Chef's Choice Hot Appetizer* *(Week of 11/9 on next page)*

Please alert your server to any food allergies or questions regarding ingredients in a food item.
Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase risk of foodborne illnesses especially if you have certain medical conditions

Androscoggin Valley Hospital

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Lunch Menu

Week of 11-9-26

Monday	Tuesday	Wednesday	Thursday	Friday
Soup *Cheddar Broccoli* ***Entrée one*** *Spaghetti & Meatballs* ***Vegan*** *Vegan Meatballs w/ Spaghetti* ***Salad*** *Grilled Chicken Caesar* ***Sandwich*** *Crispy Chicken Parm* ***Sides*** *Spaghetti, Garlic Bread, Mozzarella Sticks*	***Soup*** *Stuffed Cabbage* ***Mac & Cheese Bar*** *Regular or Vegan Mac & Cheese* *Bacon, Green Onion, Popcorn Chicken, Broccoli, Crispy Onions, Stewed Tomatoes* ***Sandwich*** *French Dip* ***Sides*** *Jumbo Pretzels w/ Cheese Sauce*	***Soup*** *Cheddar Broccoli* ***Entrée one*** *Chicken Pot Pie* ***Vegan*** *Cauliflower Fried Rice w/ Tofu* ***Sandwich*** *Meatball Marinara Sub* ***Sides*** *French Fries, Fried Cauliflower*	***Soup*** *Stuffed Cabbage* ***Entrée one*** *Chicken Kushi, House Made Bulldog Sauce* ***Vegan*** *Tofu Kushi, House Made Bulldog Sauce* ***Salad*** *Mandarin Crispy Chicken, Peanut Dressing* ***Sides*** *Veggie Fried Rice, Veggie Egg Roll*	***Soup*** *Beef Chili* ***Baked Potato Bar*** *Baked Russet Potatoes* *Chili, Cheese Sauce, Bacon, Green Onion, Broccoli, Popcorn Chicken* ***Sandwich*** *Turkey Bacon Melt* ***Sides*** *Chef's Choice Appetizers* *(Week of 11/16 on next page)*

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Lunch Menu

Week of 11-16-26

Monday	Tuesday	Wednesday	Thursday	Friday
Soup *French Onion* ***Entrée one*** *Cheddar Broccoli,* *Stuffed Chicken* ***Vegan*** *Grilled Cauliflower,* *Chimichurri Sauce* ***Salad*** *Grilled Steak* *w/ Pickled Vegetables,* *Blue Cheese Dressing* ***Sandwich*** *Hot Pastrami & Swiss* ***Sides*** *Country Mashed,* *Brussel Sprouts*	***Soup*** *Sausage & Bean* ***Entrée one*** *Baked Salmon* ***Vegan*** *Buffalo Cauliflower* *& Chickpea Bowl* ***Sandwich*** *Sloppy Joe* ***Sides*** *Rice Pilaf,* *Honey Glazed Carrots*	***Soup*** *French Onion* ***Taco Salad Bar*** *House Fried Chips* *Taco Beef or Vegan Meat* *Lettuce, Tomato, Onion,* *Bell Pepper, Salsa,* *Guacamole, Sour Cream* ***Sandwich*** *Chicken Fajita Quesadilla* ***Sides*** *Jalapeno Poppers*	***Soup*** *Sausage & Bean* ***Entrée one*** *Breaded Pork Chop* ***Vegan*** *Sweet Potato* *Taco Bowl* ***Salad*** *Sweet Chili Chicken,* *Ginger Soy Vinaigrette* ***Sandwich*** *Crispy Buffalo Chicken* *Wrap* ***Sides*** *Whipped Sweet Potatoes,* *Roasted Root Vegetable*	***Soup*** *Chef's Choice* ***Build Your Own Sandwich*** *White Bread, Wheat Bread,* *Or Wrap* *Chicken Salad, Egg Salad,* *Tuna Salad, Sliced Ham,* *Sliced Turkey* *American, Cheddar or Swiss* *Lettuce, Tomato, Onion,* *Pickle* ***Calzone*** *BBQ Chicken & Bacon* ***Sides*** *Chips* *(Week of 11/23 on next page)*

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Lunch Menu

Week of 11-23-26

Monday	Tuesday	Wednesday	Thursday	Friday
Soup *Beef Barley* ***Entrée one*** *American Chop Suey* ***Vegan*** *Vegan Chop Suey* ***Salad*** *Grilled Chicken Caesar* ***Sandwich*** *Eggplant Parm Bulkie* ***Sides*** *Dinner Roll*	***Soup*** *Tomato* ***Entrée one*** *Fried Fish Sandwich* ***Vegan*** *Fried Tofu Sandwich* ***Sandwich*** *Grilled Cheese on White* ***Sides*** *French Fries,* *Chef's Choice Appetizer*	***Soup*** *Beef Barley* ***Entrée one*** *Pork Lo Mein* ***Entrée two*** *General Tso Chicken* ***Vegan*** *Tofu & Veggie Stir Fry* ***Salad*** *Teriyaki Glazed Salmon,* *Ginger Sesame Dressing* ***Sides*** *Veggie Fried Rice,* *Veggie Eggroll,* *Crab Rangoon*	 ***Happy Thanksgiving*** **Complimentary Meal For Working Staff** ***$10 for Guests & Non-working Staff*** ***Menu*** *Roast Turkey w/ Gravy* *Mashed Potatoes* *Traditional Bread Stuffing* *Green Bean Casserole* *Cranberry Sauce* *Pumpkin Pie*	***Soup*** *Chef's Choice* ***Entrée one*** *Fried Chicken* ***Vegan*** *Tofu Patty Sandwich* ***Pizza*** *Pepperoni* ***Sides*** *Sweet Potato Fries* *Chef's Choice Appetizer* *(Week of 11/30 on next page)*

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Lunch Menu

Week of 11-30-26

Monday	Tuesday	Wednesday	Thursday	Friday
Soup *Minestrone* ***Entrée one*** *Lasagna Rollatini* ***Vegan*** *Eggplant Rollatini* ***Pizza*** *3 Cheese* ***Sandwich*** *Crispy Chicken, Tomato, Pesto Mayo & Provolone* ***Sides*** *Garlic Bread, Mozzarella Sticks*	***Soup*** *Chicken Corn Chowder* ***Entrée one*** *Boneless BBQ Chicken Breast* ***Vegan*** *Chilled Soba Noodle w/ Tofu* ***Salad*** *Chilled Soba Noodle w/ Grilled Chicken* ***Sandwich*** *Kentucky Hot Chicken* ***Sides*** *Potato Salad, Coleslaw*	***Soup*** *Minestrone* ***Entrée one*** *French Onion Brisket* ***Vegan*** *Grilled Veggie Quesadilla* ***Sandwich*** *Hot Turkey & Cheddar, Maple Mustard Dressing* ***Sides*** *Mashed Potato, Warm Mexican Street Corn*	***Soup*** *Chicken Corn Chowder* ***Entrée one*** *Brown Sugar Roast Pork Loin* ***Vegan*** *Brown Sugar Glazed Tofu* ***Salad*** *Big Mac Salad* ***Sandwich*** *Reuben* ***Sides*** *Cranberry-Almond Rice, Broccoli*	***Soup*** *Chef's Choice* ***Assorted Pizza*** *Cheese, Pepperoni, Meat Lovers* ***Vegan*** *Veggie Flatbread* ***Sandwich*** *Turkey Burger w/ Swiss & Cranberry Mayo* ***Sides*** *Jersey Boardwalk Fries, Chef's Choice Hot Appetizer*

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