

| Monday                                           | Tuesday                                                        | Wednesday                                                                  | Thursday                                          | Friday                                                |
|--------------------------------------------------|----------------------------------------------------------------|----------------------------------------------------------------------------|---------------------------------------------------|-------------------------------------------------------|
| <b>Soup</b><br>Pumpkin Bisque                    | <b>Soup</b><br>Chicken Pozole                                  | <b>Soup</b><br>Pumpkin Bisque                                              | <b>Soup</b><br>Chicken Pozole                     | <b>Soup</b><br>Chef's Choice                          |
| <b>Entrée one</b><br>Beef Lasagna                | <b>Entrée one</b><br>Fried Fish                                | <b>Entrée one</b><br>Roast Turkey                                          | <b>Entrée one</b><br>Dill Pickle Chicken Sandwich | <b>Entrée one</b><br>Chicken Finger Sub               |
| <b>Vegetarian</b><br>Vegetable Lasagna           | <b>Vegan</b><br>Sweet Potato & Chickpea Stew                   | <b>Vegan</b><br>Roasted Vegetable Ravioli, Marinara Sauce                  | <b>Vegan</b><br>Falafel Wrap                      | <b>Vegan</b><br>Meatball Marinara Sub                 |
| <b>Salad</b><br>Grilled Chicken Caesar           | <b>Salad</b><br>Grilled Steak Chop Salad, Blue Cheese Dressing | <b>Salad</b><br>Maple Soy Chicken w/ Roasted Apples, Cranberries & Almonds | <b>Salad</b><br>Blackened Chicken, Ranch Dressing | <b>Salad</b><br>Chef Salad, Choice Dressing           |
| <b>Pizza</b><br>Sausage, Peppers & Onions        | <b>Sandwich</b><br>Turkey BLT Wrap                             | <b>Sandwich</b><br>French Dip au Jus                                       | <b>Sandwich</b><br>Pepperoni Calzone              | <b>Sandwich</b><br>Cheeseburger Quesadilla            |
| <b>Sides</b><br>Garlic Sticks, Mozzarella Sticks | <b>Sides</b><br>French Fries, Coleslaw                         | <b>Sides</b><br>Mashed Potatoes, Stuffing, Cranberry Sauce                 | <b>Sides</b><br>Jersey Boardwalk Fries            | <b>Sides</b><br>Sweet Potato Fries                    |
|                                                  |                                                                |                                                                            |                                                   | <i>(Week of October 12<sup>th</sup> on next page)</i> |

Please alert your server to any food allergies or questions regarding ingredients in a food item.

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase risk of foodborne illnesses especially if you have certain medical conditions

| Monday                                                                                                                                                                                                                                                                                                    | Tuesday                                                                                                                                                                                                                                                                                                                              | Wednesday                                                                                                                                                                                                                                                                                                 | Thursday                                                                                                                                                                                                                                                                    | Friday                                                                                                                                                                                                                                                                                                                                                                                                   |
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| <p><b>Soup</b><br/>Corn Chowder</p> <p><b>Entrée one</b><br/>BBQ Ribs</p> <p><b>Vegan</b><br/>Korean BBQ<br/>Tofu Burger</p> <p><b>Salad</b><br/>Crispy Chicken BLT,<br/>Ranch Dressing</p> <p><b>Sandwich</b><br/>Pulled Pork</p> <p><b>Sides</b><br/>Baked Beans,<br/>Warm Mexican,<br/>Street Corn</p> | <p><b>Soup In a Bread Bowl</b></p> <p>Choice of:<br/>Beef or Black Bean Chili,<br/>Cheddar Broccoli,<br/>Creamy Turkey Vegetable</p> <p><b>Salad</b><br/>Grilled Chicken &amp;<br/>Roasted Beets w/ Feta,<br/>Honey Balsamic Dressing</p> <p><b>Sandwich</b><br/>Reuben</p> <p><b>Sides</b><br/>Chef's Choice<br/>Hot Appetizers</p> | <p><b>Soup</b><br/>Mulligatawny</p> <p><b>Entrée one</b><br/>Chicken Pot Pie</p> <p><b>Vegan</b><br/>Chilled Soba Noodle<br/>&amp; Tofu Bowl</p> <p><b>Salad</b><br/>Chilled Soba Noodle<br/>&amp; Chicken Bowl</p> <p><b>Sandwich</b><br/>Monte Cristo</p> <p><b>Sides</b><br/>Spinach Artichoke Dip</p> | <p><b>Soup</b><br/>Corn Chowder</p> <p><b>Entrée one</b><br/>Cheesesteak<br/>Stuffed Pepper</p> <p><b>Vegan</b><br/>Vegan Stuffed Pepper</p> <p><b>Salad</b><br/>Grilled Salmon,<br/>Choice Dressing</p> <p><b>Pizza</b><br/>Cheese</p> <p><b>Sides</b><br/>Dinner Roll</p> | <p><b>Soup</b><br/>Mulligatawny</p> <p><b>Poutine Bar</b><br/>French Fries &amp; Beef Gravy</p> <p>Cheese Curds<br/>Bacon, Popcorn Chicken,<br/>Green Onion, Broccoli</p> <p><b>Vegan</b><br/>Sausage, Peppers &amp; Onions<br/>Sub</p> <p><b>Sandwich</b><br/>Pulled Pork Quesadilla</p> <p><b>Sides</b><br/>Chef's Choice<br/>Hot Appetizers</p> <p>(Week of October 19<sup>th</sup> on next page)</p> |

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| <p><b>Soup</b><br/>Carrot Ginger Bisque</p> <p><b>Entrée one</b><br/>Chicken Cordon Bleu</p> <p><b>Vegan</b><br/>Roasted Broccoli &amp;<br/>Buffalo Cauliflower Rice</p> <p><b>Salad</b><br/>Big Mac Salad</p> <p><b>Sandwich</b><br/>Buffalo Chicken Calzone</p> <p><b>Sides</b><br/>Country Mashed Potatoes,<br/>Broccoli &amp; Carrots</p> | <p><b>Soup</b><br/>Taco Soup</p> <p><b>Taco Salad Bar</b><br/>House Fried Chips</p> <p>Taco Beef or Vegan Beef</p> <p>Lettuce, Tomato, Onion,<br/>Peppers, Salsa, Guacamole,<br/>Sour Cream</p> <p><b>Sandwich</b><br/>Chicken &amp; Cheese<br/>Quesadilla</p> <p><b>Sides</b><br/>Jalapeno Poppers</p> | <p><b>Soup</b><br/>Carrot Ginger Bisque</p> <p><b>Entrée one</b><br/>Fried Chicken Sandwich<br/>w/ Bacon &amp; Ranch</p> <p><b>Vegan</b><br/>Black Bean Burger</p> <p><b>Salad</b><br/>Sweet Chili Chicken,<br/>Peanut Dressing</p> <p><b>Sandwich</b><br/>Tuna Melt</p> <p><b>Sides</b><br/>French Fries,<br/>Onion Rings</p> | <p><b>Soup</b><br/>Taco Soup</p> <p><b>Entrée one</b><br/>Rosemary Roasted<br/>Pork Loin</p> <p><b>Vegan</b><br/>Curry Chickpea Stew</p> <p><b>Salad</b><br/>Roasted Sweet Potato<br/>&amp; Chicken<br/>Power Bowl</p> <p><b>Sandwich</b><br/>Nashville Hot Turkey</p> <p><b>Sides</b><br/>Cranberry-Almond Pilaf,<br/>Cauliflower w/ Cheese</p> | <p><b>Soup</b><br/>Chef's Choice</p> <p><b>Assorted Pizza</b><br/>Cheese, Pepperoni or<br/>BBQ Chicken &amp; Bacon</p> <p><b>Vegan</b><br/>Grilled Veggie &amp; Hummus<br/>Flatbread</p> <p><b>Salad</b><br/>Crispy Chicken Caesar</p> <p><b>Sandwich</b><br/>Meatball Parm</p> <p><b>Sides</b><br/>Chef's Choice<br/>Assorted Appetizers</p> <p>(Week of October 26<sup>th</sup> on next page)</p> |

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| <p><b>Soup</b><br/><i>Italian Wedding</i></p> <p><b>Pasta Bar</b><br/><i>Ziti or Cheese Ravioli</i></p> <p><i>Marinara or Pesto Cream</i></p> <p><i>Grilled Chicken, Broccoli,<br/>Meatballs, Italian Sausage</i></p> <p><b>Salad</b><br/><i>Mediterranean Green Salad<br/>w/ Chicken</i></p> <p><b>Sandwich</b><br/><i>Eggplant Parm</i></p> <p><b>Sides</b><br/><i>Bread Sticks,<br/>Mozzarella Sticks</i></p> | <p><b>Soup</b><br/><i>Clam Chowder</i></p> <p><b>Entrée one</b><br/><i>Stuffed Cabbage</i></p> <p><b>Vegan</b><br/><i>Veggie Rollatini</i></p> <p><b>Salad</b><br/><i>Blackened Shrimp,<br/>Ranch Dressing</i></p> <p><b>Sandwich</b><br/><i>Sloppy Joe</i></p> <p><b>Sides</b><br/><i>Dinner Roll</i></p> | <p><b>Soup</b><br/><i>Italian Wedding</i></p> <p><b>Entrée one</b><br/><i>Chicken Lo Mein</i></p> <p><b>Entrée two</b><br/><i>Boneless Pork Ribs</i></p> <p><b>Vegan</b><br/><i>Cauliflower Fried Rice<br/>w/ Tofu</i></p> <p><b>Salad</b><br/><i>Mandarin Chicken,<br/>Soy Vinaigrette</i></p> <p><b>Sides</b><br/><i>Veggie Fried Rice,<br/>Veggie Eggroll,<br/>Crab Rangoon</i></p> | <p><b>Soup</b><br/><i>Clam Chowder</i></p> <p><b>Entrée one</b><br/><i>Pot Roast</i></p> <p><b>Vegan</b><br/><i>Sweet Potato Lasagna</i></p> <p><b>Salad</b><br/><i>Buffalo Chicken,<br/>Blue Cheese Dressing</i></p> <p><b>Sandwich</b><br/><i>Pastrami &amp; Swiss<br/>On Rye</i></p> <p><b>Sides</b><br/><i>Mashed Potatoes,<br/>Green Beans w/ Almonds</i></p> | <p><b>Soup</b><br/><i>Chef's Choice</i></p> <p><b>Entrée one</b><br/><i>KFC Bowl</i></p> <p><b>Vegetarian</b><br/><i>Vegan Nugget Bowl</i></p> <p><b>Salad</b><br/><i>Southwest Chicken,<br/>Chipotle Ranch</i></p> <p><b>Sandwich</b><br/><i>Shrimp Po Boy</i></p> <p><b>Sides</b><br/><i>Chef's Choice<br/>Assorted Appetizers</i></p> |

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