

Monday	Tuesday	Wednesday	Thursday	Friday
Soup Creamy Tomato Tortellini Meatball	Soup 3-Bean Minestrone Seafood Chowder	Soup Creamy Tomato Tortellini Meatball	Soup 3-Bean Minestrone Seafood Chowder	Soup Beef Chili Black Bean Chili
Entrée one Grilled Salmon Picata	Entrée one Maple Glazed Chicken Legs, White Wine Dijon Sauce	Entrée one Grilled Pork Chop, Maple Bourbon Cranberry Chutney	Entrée one Gremolata Crusted, Beef Tenderloin, Madeira Mushroom Sauce	Entrée one BBQ Pulled Pork, Mango Slaw, Toasted Bulky Roll
Vegan Orecchiette, White Bean, Spinach Pesto Cream	Vegan Vegan Tofu Rancheros, Avocado	Vegan Roasted Carrot, Quinoa Salad	Vegan Tempeh Tacos, Apple Cider Cole Slaw	Vegan Vegan Burger
Salad Baby Lettuces, Strawberries, Feta, Almonds, Yuzu Vinaigrette	Salad Fennel and Citrus Salad, Grilled Halibut, Maple Balsamic Vinaigrette	Salad Mixed Greens, Avocado, Blueberry, Grilled Chicken, Herb Vinaigrette	Salad Panzanella, Fresh Mozzarella, Autumn Greens, Italian	Salad General Tso Chicken, Chop Salad
Sandwich Chili Dog	Sandwich Smoked Salmon BLT, Herb Mayonnaise	Sandwich Turkey Club	Sandwich Ham, Pork Tenderloin, Spicy Mustard Cubano	Sides Poutine
Sides Rice Pilaf Roasted Carrots	Sides Herb Roasted Red Potatoes, Green Beans	Sides Dirty Rice, Chef's Choice Vegetable	Sides Caramelized Onion Mashed Potatoes Maple Roasted Root Vegetable	Mexican Street Corn Salad